

**9 - Empathy  
Lesson Plan  
(Ability level: intermediate to upper-intermediate)**

Grade level: Primary 1–2  
Time: approximately 40 minutes

**Suggested Activity 1: Debrief** (approximately 5 minutes)

- T asks clarifying questions such as, “Where did Rose want to keep Fluffy?”, “Why couldn’t Fluffy stay at school?”, etc.
- T reiterates the meaning of empathy—*feel what others feel*. Explain that when Rose thought about how her family cared for her, she wanted a home for Fluffy too.

**Suggested Activity 2: Feel what others feel at school** (approximately 25 minutes)

- Show/ Draw on the board a number of emojis. Some are more positive and some less so. Explain that (1) we are human so we are bound to experience negative emotions sometimes, and that (2) since we are a community, we can help each other by showing empathy.
- Give a personal example, e.g., “I was unhappy [draw a sad face on the board] yesterday that the class was noisy. I spent a lot of time preparing for the lesson.” Explain that if students could feel what she felt, they would keep the chatter to a minimum and show more respect.
- Allow students some time to think about one instance where they saw a classmate, a schoolmate, a teacher, or any member of the staff feeling unhappy. Write the words “Who?”, “When?”, “Why?”, and “The next time I can....” on the board. Ask the students to share their answers in small groups.
- Invite volunteers to share the group’s answers. Explain that we might not always know *why*, but there is always something we can do when we try to *feel what they feel*. (For concrete examples, see the lesson plan for elementary to pre-intermediate levels.)

**Suggested Activity 3: Feel what others feel at home** (approximately 10 minutes)

- Repeat Activity 2 in the context of students’ home.
- Assign it as homework if appropriate.