

7 - Care for others
Lesson Plan
(Ability level: elementary to pre-intermediate)

Grade level: Primary 1–2
Time: approximately 40 minutes

Suggested Activity 1: Debrief (approximately 10 minutes)

- T reviews the video content with the class. Ask questions such as, “What was the boy’s name in the video?”, “Grandpa asked Chris to think of a question the next day he went to school. What was the question?”, “What did Chris do to help?”
- If applicable, students may choose to give a verbal answer or mime it out (e.g., picking up Rose’s eraser)
- T may sketch on the blackboard (e.g., a boy that looks like Chris, an old man for grandpa), mime (e.g., pretend to look for the glasses), or use realia (e.g., use a mop to demonstrate the need to flip the chairs).

Suggested Activity 2: How can I help? (Mime) (approximately 20 minutes)

- T writes on the board, “How can I help?” Ask the class to repeat it.
- Depending on the class’s level, T might act out or ask a volunteer to act out the following scenarios:
 - A student unaware that their backpack is open
 - A student sneezes into their elbow and is looking for a tissue
 - A teacher walking into the classroom sees that the blackboard has not been cleaned
 - A student drops their wallet at the tuck shop
 - A student is trying to reach the top shelf in the library to retrieve a book
 - A student finds that they have just run out of their correction pen
 - A student carrying a huge stack of newspapers walking on the corridor
 - ...
- After each scenario, T asks students to repeat the question “How can I help?”. Ask volunteers to share with the class or act out how they could help. T may supply the language when necessary and write the acts of kindness on the blackboard.

Suggested Activity 3: The class CARE list (approximately 10 minutes)

- Introduce students to the CARE List. (see Appendix) It should be pasted to the classroom board.
- Encourage students to actively reach out to others and help as well as appreciate others’ kindness. T may review the CARE list every week and give credit to students on the list.

